This is an Inpatient facility <u>Guidelines for Speaking at W3</u>

When:

This commitment is every Thursday night at 7:30pm for the assigned month.

Directions:

Clifton Springs Hospital
2 Coulter Rd., Clifton Springs, NY, 14432
Main Street Hospital entrance
Woodbury 3 building

Go to the elevator left of the waiting room. There you will find a phone on the wall, call 3000 3017. Tell the staff member that you are from Alcoholics Anonymous and you are there to speak. Also, be sure to ask for the folder with readings, make sure you return ALL readings with the folder to staff before leaving!

Guidelines:

Both speakers need to have one year of continuous sobriety. Speakers must have experience with the 12 steps of Alcoholics Anonymous.

Each speaker speaks for 15 minutes, then they open the meeting for discussion.

Speaking points:

Avoid a drunk a log.

Carry the message of experience, strength and hope.

Talk about your experience with the 12 steps of Alcoholics Anonymous.

Talk about how life is better in sobriety and how the promises have worked in your life.

The goal is to give hope and to describe how recovery has benefited your life!

If you have any questions or concerns, do not hesitate to e-mail the Treatment Committee at treatment.flai@gmail.com

The Treatment Committee meets the 2nd Monday of each month via zoom 6:30 PM (meeting ID is 821 095 1587, no password required).