



# FLAI Newsletter

## February 2026



**Our mission:** To serve as a central office, giving Ontario, Seneca, Wayne, and Yates County A.A. groups a way to coordinate Twelfth Step work on a larger scale than would be possible by an individual group thus aiding the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

### Announcements, Events, and other Notables

Please accept our apologies for not publishing a January newsletter. Due to delayed officer transitions and the ongoing vacancy of our Intergroup Secretary position, communications were temporarily impacted. We are actively seeking to fill this vital role and appreciate your patience.

| Date                  | Event   | Time   | Location/ Zoom ID                  | Password      |
|-----------------------|---|--------|------------------------------------|---------------|
| 1 <sup>st</sup> Thurs | District 200 – Is now IN-PERSON ONLY.                                       | 7pm    | St. John’s Episc., 183 N. Main St. | Canandaigua   |
| 2 <sup>nd</sup> Sun   | Area 47 – <a href="http://www.aacny.org">www.aacny.org</a> / Hybrid Meeting | 1-5pm  | Zoom ID: 862 8547 4266             | 419896        |
| 3 <sup>rd</sup> Sun   | Sober Bowl  | 3pm    | Sunset Bowl, 341 Border City Rd    | Waterloo      |
| 02/28                 | Newark Saturday Night: 43rd Anniversary                                     | 6-8pm  | Methodist Ch., 2 Park Pl.          | E. Bloomfield |
| 03/16                 | Monday Night Holcomb - Spring Equinox Speaker                               | 7:30pm | Methodist Ch., 2 Park Pl.          | E. Bloomfield |
| 03/16                 | Waterloo Early Bird - 40th Anniversary                                      | 5:30pm | First Pres. Church, 42 E Main St   | Waterloo      |
| 4/24-26               | Conference of the Lakes   |        |                                    |               |
| Monthly               | Never Alone – Last Thursday Sobriety Celebrations!                          | 7:30pm | Methodist Ch., 2 Park Pl.          | E. Bloomfield |

For more event information visit: [www.fingerlakesaa.org/aa-events-in-the-finger-lakes](http://www.fingerlakesaa.org/aa-events-in-the-finger-lakes)

### Monthly FLAI and Committee Meetings – all are welcome

| FLAI Event                 | Date                  | Chair     | Time   | Location/ Zoom ID & Pass   |
|----------------------------|-----------------------|-----------|--------|--|
| Intergroup Meeting         | 3 <sup>rd</sup> Sat   | Buzz M.   | 2:30   | 32 E. Main St. Clifton Springs/ ID: 821 095 1587   |
| Accessibility              | 3 <sup>rd</sup> Thurs | Karen S.  | 3pm    | <a href="mailto:Accessibilty.flai@gmail.com">Accessibilty.flai@gmail.com</a>                 |
| Answering Service          | TBD                   | Sandy M.  | TBD    | TBD  |
| Archives – online          | 2 <sup>nd</sup> Sat   | TBD       | 3pm    | Contact <a href="mailto:Archives.flai@gmail.com">Archives.flai@gmail.com</a> for location    |
| Corrections                | 2 <sup>nd</sup> Mon   | Justin S. | 6:00pm | In person @ Palmyra Public Library on 3 <sup>rd</sup> floor                                  |
| PICPC                      | 2 <sup>nd</sup> Tues  | Barry L.  | 6:00pm | Zoom ID: 821 095 1587 No Password  |
| Treatment                  | 2 <sup>nd</sup> Mon   | Kevin M.  | 7:00pm | In person @ Palmyra Public Library on 3 <sup>rd</sup> floor                                  |
| Website – via Google Meets | 2 <sup>nd</sup> Wed   | Keith C.  | 4:30pm | Contact <a href="mailto:webchair.flai@gmail.com">webchair.flai@gmail.com</a> for information |

Committee meeting dates/times are subject to change without notice. Contact Committee Chair for more information.

[www.fingerlakesaa.org](http://www.fingerlakesaa.org) / 24-hour Answering Service: 315-789-5955

Please send group contributions to: FLAI / P.O. Box 204, Clifton Springs, NY 14432 or use PayPal on the website.

## FINANCIALS

| 2026 FLAI Approved<br>Budget Expenses | YTD<br>Expenses | 2026 FLAI Estimated<br>Contributions | YTD<br>Contributions |
|---------------------------------------|-----------------|--------------------------------------|----------------------|
| \$11,000                              | 745.86          | 11,000                               | 1,033.22             |

Did you know... By early February 1935, Bill W. was sober for several weeks following his spiritual experience at Towns Hospital in New York. This period marks the *foundation phase* of AA. Bill was actively working with other alcoholics, though without lasting success yet, setting the stage for what would come later that spring.

### Looking for an ASL interpreted AA meeting?

| Day      | Meeting                     | Time   | Zoom ID       | Password  |
|----------|-----------------------------|--------|---------------|-----------|
| Monday   | Monday Nightcap             | 7:00pm | 812-3827-3047 | 596744    |
| Monday   | Monday ASL                  | 8:00pm | 525-940-332   | doda2020  |
| Thursday | Lima Morning Serenity       | 9:30am | In Person     |           |
| Thursday | Experience, Strength & Hope | 7:00pm | 826-5275-5714 | Deafsober |
| Saturday | Love & Service              | 8:00pm | In Person     |           |

Contact [accessibility.flai@gmail.com](mailto:accessibility.flai@gmail.com) for more information.

**12th Step:** Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all of our affairs.

**12th Tradition:** Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

**12th Concept:** The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth of power; that sufficient operating funds and reserve be its prudent financial principle; that it none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

#### Declaration of Unity

This we owe to A.A.'s future:  
To place our common welfare first;  
To keep our fellowship united.  
For on A.A. unity depend our lives,  
And the lives of those to come.

(1970 International Convention in Miami, Florida)

#### Responsibility Statement

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

(1965 A.A. International Convention in Toronto)

### Intergroup Trusted Servants

|                      |          |  |
|----------------------|----------|--|
| Intergroup Chair     | Buzz M.  | <a href="mailto:Chair.flai@gmail.com">Chair.flai@gmail.com</a>         |
| Intergroup Secretary | TBD      | <a href="mailto:Secretary.flai@gmail.com">Secretary.flai@gmail.com</a> |
| Intergroup Treasurer | Heidi K. | <a href="mailto:Treasurer.flai@gmail.com">Treasurer.flai@gmail.com</a> |

[www.fingerlakesaa.org](http://www.fingerlakesaa.org) / 24-hour Answering Service: 315-789-5955

Please send group contributions to: FLAI / P.O. Box 204, Clifton Springs, NY 14432 or use PayPal on the website.