## **'The Journey From Reformation to Transformation:** The 12 Steps and the Spiritual Exercises

of St. Ignatius of Loyola' with Fr. Gerry McKeon, S.J.

## RETREAT WEEKEND JANUARY 8–10, 2025 MEN & WOMEN

Notre Dame Retreat House Canandaigua, NY

During this weekend retreat, we will explore 12-Step Spirituality from the perspective of the Spiritual Exercises. Talks will explore themes from the Exercises which address the call to become freed from our addictions, and freed for a life of loving service, walking with Christ crucified and risen. Material will also be drawn from the Big Book, the 12 and 12, and other 12-Step literature. People familiar with either or both spiritual paths will find support and encouragement for their spiritual growth.

The retreat will encourage time for private prayer. Suggested meditations and contemplations from Scripture will be offered. There will also be an opportunity for one-on-one conversations with the Retreat Director. Eucharist will be celebrated once during the weekend.



Cost: \$250 single room (shared toilet between two single rooms) \$220 each in a shared double (full bath inside room) \$310.00 double alone (private room)

Register online at www.notredameretreat.org or by emailing staff@notredameretreat.org